

## After care instruction

### **The day of the treatment: Absorb**

Gently blot the area with a clean tissue to absorb excess lymph fluid. Do this every 5 minutes for the full day until oozing has stopped. Removing this fluid prevents hardening of the lymph.

### **Days 1-7: Wash**

Wash daily to remove bacteria and dead skin.

Gently wash your procedure area each morning and night with water and an antibacterial soap like Dial Soap, Cetaphil or Neutrogena. With a very light touch, use your fingertips to gently cleanse the affected area. Rub the area in a smooth motion for 10 seconds and rinse with water ensuring that all soap is rinsed away. To dry, gently pat with a clean tissue. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliates.

### **Days 1-7: Moisturize**

Apply a rice grain amount of provided ointment with a cotton swab and spread it across the treated area. Be sure not to over-apply as this will suffocate your skin and delay healing. The ointment should be barely noticeable on the skin. Never put the ointment on a wet or damp tattoo.

- Do not touch the healing pigmented area with your fingers, they may have bacteria on them and create an infection.
- No make-up, tinting or lashes or brows, sun, soap, sauna, Jacuzzi, swimming in chlorine pools or in the recreational bodies of water, contact with animals, or gardening for 7-10 days (until area is completely healed) post procedure and after all touch-ups.
- Before bathing, gently apply a light coating of Vaseline on the procedure area using a clean cotton swab. Continue this regime until the procedure area has completely healed.
- Do not rub or traumatize the procedure area while it is healing (pigment may be removed along with crusting tissue).
- Use a “total sun block” after the procedure area has healed to prevent future fading of pigment color.
- Try to sleep on a satin pillowcase while the procedure area is healing.
- If you have any questions or concerns please notify your technician immediately.
- If you experience any itching, swelling, blistering or any other complications post-procedure, stop using product and call your technician immediately. You may be allergic to the after care product you are using.
- If you have excessive redness, swelling or tenderness or any red streaks going from the procedure site toward the heart, elevated temperature, or purulent drainage from the procedure site, contact your physician as the area may be infected and you may need to seek medical care.

**Failure to follow these instructions may result in pigment color loss.  
All permanent make-up procedures are a two-step process.**

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